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Top 5 Foodie Finds: The Next Big Thing in Specialty Foods and Gourmet Products

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By Anu Karwa

1. Trendy New Gourmet Food: Butter. Familiar with Himalayan pink salt? Fleur de Sel? Introducing fancy butter: Organic Valley Pasture Butter, produced only in summer when cows create the most flavorful, nutrient-rich milk. As if you needed another reason to reach for the bread basket.

2. Must-Have Gourmet Product: SousVide Supreme. *Top Chef* addicts who "plate food" know about cooking "sous vide". Now, home cooks have a water oven at an "affordable" price. Truly for gourmands.

3. Great Food Find: John & Kira's Urban Garden Bars. These new chocolate bars use ingredients from urban gardens for flavors like Tangy Orange + Garden Rosemary. A portion of profits goes to the gardens.

4. Our Favorite Wine for Fall: Dusted Valley Boomtown 2006 Cabernet Sauvignon, Columbia Valley, Washington. My new favorite wine under \$15, unbelievable richness for the price. Make it your

5. Diet Conscious Specialty Food: Galaxy Desserts Mousse Duos. Guaranteed to be the best 110 calories of your day. Lap up its rich decadence without fear, thanks to built-in portion control.

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Buy Galaxy Desserts Mousse Duos Sampler, \$42.99 (12 pack), at gourmetfoodmall.com

- Flavors include Double Chocolate, Cappuccino Chocolate, and Raspberry Lemon
- Convenient and easy to serve in uniquely designed plastic shot glass packaging
- All-natural
- Gluten-free
- Made from imported European chocolate

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Top 5 Foodie Finds: The Next Big Thing in Specialty Foods and Gourmet Products
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